

Authors

The Editors

Lottes, Ilsa, Ph.D., is an associate professor in the Department of Sociology and Anthropology at the University of Maryland Baltimore County in Baltimore, MD, USA. Her research and teaching areas include quantitative research methods, sexuality, and gender. Her most recent research interest focuses on sexual health issues from cross-national perspectives. She has published over two dozen articles, mostly in refereed journals and is active in the Society for the Scientific Study of Sexuality, the European Federation of Sexology, the World Association of Sexology and the International Academy of Sex Research. Her decision to edit a book about sexual health in Finland was motivated by experiences during her sabbatical leave from 1997 to 1999 in the Department of Sociology at the University of Helsinki.

Kontula, Osmo, docent, Ph.D., Senior Researcher at The Population Research Institute, Family Federation of Finland. He has studied sexual issues almost 20 years and has written and edited alone and in collaboration with others some 20 books of sexuality and sexology. Among them are for example *Nuorten seksi* (Adolescent sexuality) (Otava 1987), *Tietoiseksi - Tietoa ja näkemyksiä seksuaalipolitiikasta* (Information and views of sexual politics) (Gaudeamus 1998), *Sukupuolielämän aloittamisen yhteiskunnallisista ehdoista* (Cultural terms of sexual initiation) (Painatuskeskus 1991), *Seksistä - Kuinka puhua nuorille* (How to give sex education to adolescents) (Otava 1991), *Suomalainen seksi* (Finnish Sex) (WSOY 1993), *Seksiä lehtien sivuilla* (Sex on the pages of the press) (Painatuskeskus 1994), *Matkalla intohimoon* (Along the way to passion) (WSOY 1995), *Sexual Pleasures* (Dartmouth 1995), *Intohimon hetkiä* (Moments of passion) (WSOY 1997), *Seksuaaliterveys Suomessa* (Sexual health in Finland) (Tammi 2000), *Moments of Passion* (McMillan

2001) ja *Seksin trendit* (Trends in sex) (WSOY 2001). He is the president of the Finnish Association for Sexology, a Full Member of the International Academy of Sex Research, and a Member of the Board of Directors in The Society for the Scientific Study of Sexuality.

Other Authors

Apter, Dan, MD (1975), Chief Physician & Director of the Sexual Health Clinic of The Family Federation of Finland (from 1997), Helsinki, Finland. Doctor of Medicine (1981), Docent (1985). Specialist in Obstetrics and Gynaecology (1984), and in Gynaecological Endocrinology (1986). Has worked previously as gynaecologist at the Student's Health Care Foundation in Finland. President of The Finnish Society of Pediatric and Adolescent Gynecology. Member of several international organisations in his field, for example, Member of the Board and Secretary General of The International Federation of Pediatric and Adolescent Gynaecology. Has published more than 100 articles about sexual health and adolescent development.

Brandt, Pia, Registered Nurse (1981), Midwife (1983), Sexologist (2000), Present position: Research Nurse at the Sexual Health Clinic of the Family Federation of Finland. Previous positions: 1983-1987 City Maternity Hospital, Helsinki; Family Planning Policlinic. Oy Algol Ab, Pharmaceutical Division 1987-1992. University Central Hospital, University of Helsinki Surgery Clinic 1992-1994. The Family Federation of Finland; Family planning Clinic and Sexual Health Clinic 1994-1995, 1996 -

Cacciatore, Raisa, MD (1985) Helsinki University, Specialist in Child Psychiatry (1998). Present position: Expert Physician at the Sexual Health and Family Clinics of The Family Federation of Finland. Previous positions: 1986 General Practitioner in Maternity, Prevention and Child Health Centres, City of Helsinki; Since 1989 Part-time Physician-Gynaecologist at The Adolescent Out-Patient Clinic of

Folkhälsan, Helsinki; Since 1990 Part-time Sexual Health Physician at the Adolescent Out-Patient Clinic of Aurora Hospital, and since 1999 the University Central Hospital, Helsinki University. Since 1994 Vice-President of The Finnish Society of Pediatric and Adolescent Gynecology. Helsinki University, Children and Adolescent Department. Since 1994 Vice-President of The Finnish Society of Pediatric and Adolescent Gynecology. Has worked as an expert in various tasks concerning adolescent sexual health, maternity care and children's sexuality. Publications, for example, about the sexuality of children and adolescents, contraception, the first gynaecological examination. Has published sexuality education material for children and adolescents (*The Nine Steps of Sexuality*, with Korteniemi-Poikela, National Board of Education, 2000).

Esko, Matti, Doctor of Theology, Secretary General of the Centre for Family Issues of the Evangelic-Lutheran Church of Finland, family therapist (Advanced Special Level), job supervisor and educator. Published a dissertation *Some Aspects of Fatherhood* in Boston, USA in 1985, several publications and articles in Finnish.

Hiltunen-Back, Eija, MD (1988), Senior Dermato-venereologist in the STD Clinic at Helsinki University Central Hospital, 1996-. Epidemiologist in the STD Clinic at the Aurora Hospital, 1988-1993, and at the National Public Health Institute, 1994-1998. Publications on STD epidemiology in Finland.

Ilmonen, Tuisku, MSocSc (Psychology), Training Director, The SEXPO Foundation, Psychologist, worked as a Sex Counsellor and Sex Therapist for over 20 years. Published *Yours with love* (The National Association of the Disabled 1987), *Challenges of life* (Workers' Educational Association WEA Finland 1990), *The winged bridge-builder* (WEA Finland 1995).

Kaimola, Kari, BSc (Psychology), Clinical Sexologist, Sex Counsellor, Trainer; sex therapy (couples and individuals), sex education and training for professionals in health and social care, counselling and

training in rehabilitation (disabled and long-term patients), training in gay, lesbian, bisexual and transgendered issues. Has worked previously for the SEXPO Foundation and Jyväskylä Polytechnic, School of Health and Social Care; now working in the Family Federation of Finland (Sexual Health Clinic), the Organisation for Sexual Equality (SETA), and the Transgender Support Centre. Board Member of the Sexological Association of Finland; Chair of the Section on Sex Therapy in the Sexological Association of Finland; Finnish representative in the group of education in the Nordic Association of Clinical Sexology (NACS).

Karkaus-Rikberg, Kaija, Journalist, editor of the 30th Anniversary Book of the SEXPO Foundation.

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Kiviluoto, Pirkko, MD, Specialist Physician in General Medicine, Medical Adviser, The Family Federation of Finland. Works as an expert in sexual and reproductive health in the International Affairs Department of the Family Federation of Finland. Specialised in the sexual health of aging people especially while directing the Full Life Project of The Family Federation of Finland, providing information and services for aging people's sexual health and upheld the rights of aging people.

Kosunen, Elise, MD, Specialist Physician in General Medicine, has worked as an Assistant Lecturer at the University of Tampere from 1991. Worked earlier as a practical physician during 11 years in a hospital and a health-care centre. Published her dissertation about teenage pregnancies and contraception (1996).

Lehtonen, Jukka, MSocSc (Sociology), researcher, Department of Sociology, Helsinki University. Finalising his PhD dissertation in sociology on heteronormativity in school practices.

Liinamo, Arja, MSc (Health Sciences), Public Health Nurse, Lecturer in Health Care. Works in research and development projects at the Jyväskylä Polytechnic, Finland. Previously worked in planning tasks in health education projects and as a researcher in health study projects on young people as well as in research and development projects in sexual health. Articles on school health education, especially in sex education.

Lähdesmäki, Seija O., MA, Counsellor of Education for Biology at the National Board of Education, Lecturer in Biology and Geography. Several years of experience as sex educator and trainer. Has edited educational material for sex education, and guidebooks supporting the curricula and the work of teachers. Guidebooks on the development of adolescents. Edited (together with Osmo Kontula) the book *How to talk about sex with young people*. At present the Project Leader of the Development Project of the Teaching of Mathematics and Natural Science (LUMA).

Mäkelä, Marjukka, MD, MSc (Health Services Research, McMaster University), Specialist Physician, Research Professor at the Finnish National Research and Development Centre for Welfare and Health (STAKES). Chairperson of the Expert Group on Family Planning and Maternity Care from 1992.

Nissinen, Jussi, MSocSc (Social Psychology), Psychotherapist and trainer in the SEXPO Foundation. Co-edited (together with Jukka Lehtonen and Maria Socada) a basic textbook on gays, lesbians and transgendered people (*From a hetero-assumption to pluriformity*) (1997) for students in polytechnics and universities. A co-founding member of the Finnish Organisation for Sexual Equality (SETA) in 1974, the Finnish Aids Council (1986) and the Finnish Body Positive (FBP), The Organisation for People with HIV/AIDS in Finland (1989). Previously social worker/counsellor of the Finnish Organisation for Sexual Equality (SETA). Articles on lesbians, gays, transgendered persons and HIV/AIDS.

Nurmi, Tuulikki, LicSocSc (Sociology), M. Health Care, Senior Officer at the Ministry of Social Affairs and Health. Previously Secretary of the Working Group on Sex Education of the Ministry of Social Affairs and Health, Chair of the Eroticism and Health Working Party of the Advisory Committee for Health Education of the Ministry of Social Affairs and Health. Member of various committees, working groups and projects on sexual topics of authorities and organisations. Research on the need for sex education on the population level and the resources of Health Nurses for sex counselling.

Peltonen, Heidi, MSc (Health Science), Public Health Nurse. Senior Adviser for Health Education at the National Board of Education of Finland, expert on health promotion, health education and student services. Many years of experience in practical health education, and editing guidebooks and materials supporting curricula and the work of teachers in comprehensive schools.

Raijas, Riitta, BA (Psych), Crisis Counsellor, Rape Crisis Center *Tukinainen [Support Woman]*. Previously working in the treatment project for sex criminals and their victims of the SEXPO Foundation. Training, consultation, counselling, and guidance in groups for women who have experienced violence. Has participated in various working groups and projects on violence against women and children. Research (together with Jaana Kauppinen) for a television documentary about pedophilia *The Secret We Share*. Has edited the report *The treatment of sex criminals and their victims* (1996), and co-edited (together with Taina Repo) the project report *The Rape Crisis Centre Tukinainen [Support Woman] Project 1993 – 1998*, (1999). Research (Master's thesis in psychology) on rape trauma and recovery (2000).

Ranki, Anna-Mari, MD, Professor of Dermatology and Venereal Diseases, Department of Dermatology and Venereal Diseases, University of Helsinki and Helsinki University Hospital. Main research area has been the HIV infection (AIDS), 1983-1998. Principal Investigator in research projects funded by the Academy of Finland and the

European Community. Visiting Scientist at the National Institute of Health, National Cancer Institute, Bethesda, Maryland, USA, in Dr. Robert Gallo's laboratory, 1985-87. Research areas have included the pathomechanism and cancer association of genital human papilloma virus infections. Member of the National Advisory Board for Communicable Diseases.

Ritamies, Marketta, MSocSc, Senior Researcher, The Population Research Institute of The Family Federation of Finland.

Ritamo, Maija, MSocSc, Project Leader in the Family Planning 2000 Project of the Finnish National Research and Development Centre for Welfare and Health (STAKES).

Soramäki, Pertti, Psychologist, Psychotherapist (Advanced Special Level), Family and Sex Therapist. Previously Head of the Tampere Clinic of the Family Federation of Finland.

Stålström, Olli, MSc (Computer Sciences) Helsinki University of Technology; Brown University, USA, ; MSocSc (Sociology) University of Helsinki; PhD (Sociology of Medicine) Kuopio University, Finland; Cambridge Upper Certificate of Proficiency in English (English Literature). Founding member, Finnish Organisation for Sexual Equality (SETA) (1974) and Finnish AIDS Council (1987). Studies and research in the United States, Australia, France, Netherlands. Senior Research Officer, South Australian Health Commission 1986. Lecturer in sociology, Kuopio University 1991-1995, EU Research Officer, Finnish AIDS Council 1997-1998. Edited (with Kai Sievers) basic book on lesbians and gays (*Many faces of love*) in 1984 and on HIV/AIDS (1987); PhD dissertation in sociology (*The end of the sickness label of homosexuality*) (1997). Over 40 articles on gays, lesbians and the sociology of HIV/AIDS.

Tukiainen, Sirkku, MSocSc (Social Work). Psychotherapist (Advanced Special Level). Chief trainer at Tampere University in Family therapy training programmes. President of The Finnish Family Therapy Association 1991-1998. Co-opted Member of The Board in EFTA (European Family Therapy Association).

Articles, interviews and television programmes. McMaster University, Hamilton, Canada 1973-74. Invited lecturer in Sweden, England, Mexico and France.

Valkama, Sirpa, MSc (Health Sciences), Principal Lecturer in the Family Planning and Sexual Health, Jyväskylä Polytechnic, School of Health and Social Care, Finland, Sexual Counsellor. Many years of experience in practical health education and as sex educator and trainer. Worked in coordinating and planning national and international sexual health education and promotion projects. Board Member of The Finnish Association of Sexology, Vice President 1997-1999 in the Finnish Association for Sexology, a Finnish representative in the Nordic Association of Clinical Sexology (NACS).

Virtanen, Jukka, Clinical Sexologist, Eira Hospital, Helsinki, Finland, Unit of Clinical Sexology. Has studied clinical sexology at many universities in Europe and USA and specialised in sexological institutions in Copenhagen, Paris, New York, San Francisco and London. Worked in many different tasks from practical physician's work and medical research to TV and radio programme production, educational computer programme production and business consulting, lectured at dozens of educational institutes, universities and polytechnics in the health care and medical sector. Senior Lecturer of Clinical Sexology at Helsinki Polytechnic. Head of the Unit of Clinical Sexology at Eira Hospital. Member of Finnish Association for Sexology, Chair of the Section of Sexual Medicine of the Finnish Association for Sexology, member of Nordic Association for Clinical Sexology and World Association for Sexology.