### QUESTIONNAIRE OF THE 1999 STUDY SEXUALITY AS PART OF LIFE

A study on human relations, sexual lifestyles and attitudes - 1998

<b>Definitions</b> steady relationship: partner: intercourse:		marriage, cohabitation, or a relationship with partners living a steady or casual sexual partner sexual interaction in the form of vaginal intercourse, oral sex stimulation by hand	•
1.	-		
2.	You were you b	porn in: 19 (year)	
3.	Some other city A city or town of A city or town of A rural centre	of over 100 000 inhabitants 20 000–100 000 inhabitants under 20 000 inhabitants	2 3 4 5
4.	Itä-Uusimaa Varsinais-Suom Satakunta Häme Pirkanmaa Kymenlaakso Etelä-Karjala Etelä-Savo Pohjois-Savo Pohjois-Karjala Keski-Suomi Etelä-Pohjanma Coastal Vaasa r Keski-Pohjanma Pohjois-Pohjanma	a egion aa naa	02 03 04 05 06 07 08 09 11 12 13 14 15 16 17

5.	Your basic education level:1Matriculation examination1Lower secondary school or comprehensive school2Primary school or senior primary school3Did not finish primary or comprehensive school4
6.	Other education:Vocational school1Vocational college2Academic degree3None of the above4
7.	What is the total number of years that you have attended school or studied? (Include years in regular school, and full-time study after the basic education.) years
8.	Based on your current occupation, which of the following social groups best describes you:  White-collar employee in a leading position
9.	At present, you are:       1         A full-time wage earner       1         A part-time wage earner       2         Farmer, working on a family farm       3         An entrepreneur       4         Unemployed or laid-off       5         Retired       6         Student       7         Taking care of the house       8         Other alternative – please specify       9
10.	Your total monthly income, after taxes. (Include all sources of income.)         Less than 2,500 FIM       1         501- 3,500 FIM       2         501- 4,500 FIM       3         501- 5,500 FIM       4         501- 7,500 FIM       5         501-8,500 FIM       7         501-9,500 FIM       8         501-10,500 FIM       9         More than 10,500 FIM       10
11	How much do you weigh? kg
12.	How tall are you?cm

13. How important is religion in your life:	
Very important	
Important	
Not very important	
Not important at all	4
14. How often you take part in church activities? (Excluding wed or baptisms.)  More than once a week	_
Once a week	2
Once a month	3
A couple of times a year	4
About once a year	5
Less than once a year	6
Almost never	7
15. How often do you exercise at least for half an hour at a time fit? (Note: Going on walks with children or family, or other exercise, are not considered exercise that improves physical Daily	light forms of fitness.)
2–3 times a week	2
Once a week	
2–3 times a month	
A few times a year	5
Never	6
I cannot exercise because of disability or illness	7
16. Have you ever smoked regularly, that is, at least one cigarette a day, for one year?  Never	1
I used to, but not anymore	
I smoke currently	3
17. How frequently do you consume alcohol? (Choose the clos Also take into account those times when you consumed mir alcohol, even half a bottle of beer or a drop of wine.)	nor amounts of
Daily	
A couple of times a week	
Once a week	
A couple of times a month	
About once a month	
About once every two months	
3–4 times a year	
Once a year or less	
Never	9
18. How often do you drink alcohol until you are absolutely drun	
Daily	
A couple of times a week	
Once a week	
A couple of times a month	4

	About once a monthAbout once every two month			-
	3–4 times a year			
	Once a year or less			8
	Never			
19.	In the past month, have you			
	Fr	equently	Sometimes	Hardly ever
	Insomnia	1	2	3
	A headache	1	2	3
	Tension or anxiety	1	2	3
	Overstrain	1	2	3
	General feeling of	•	_	•
	fatigue or weakness	1	2	3
	Dizziness	1	2	3
	Nightmares	1	2	3
	Trembling hands	1	2	3
	Burning cheeks or sweating			
	without physical exertion	1	2	3
20.	How do you consider your	life at preser	nt?	
	Very happy	p	•••	1
	Fairly happy			
	Neither happy nor unhappy			
	Fairly unhappy			
	Very unhappy			5
21.	How is your life situation at	t present?		
	Very lonely			1
	Fairly lonely			
	A little a bit lonely			
	Not lonely at all			
	•			
22.	How many people would you people	ou say you h	ave really fallen in lov	e with?
22			n veu reelly leve?	
۷٥.	At the moment, is there a m			4
	No			2
24.	Is there a man or woman w	ho you think	really loves you?	
	Yes			1
	No			2
٥-			d a Il d	/ l l- !4 l\0
25.	How many times have you (Including your present ma times	rriage/cohab	itation.)	
	I have never been married or			
	<ul> <li>Please proceed to Question</li> </ul>		partner	2
26.	How old were you, when yo years	ou first enter	ed into cohabitation o	r marriage?

27. Are you at present:	
	1
	2
<ul> <li>Please proceed to Question</li> </ul>	
	÷3
	4
	5
28. Do you live with a partner at	present?
Yes	<u></u> 1
<ul> <li>Please proceed to Question</li> </ul>	
•	2
	teady sexual relationship, although you are not
living together?	
No	1
<ul> <li>Please proceed to Question</li> </ul>	n No. 35.
Yes, one	2
Yes, two or more	3
,	
The following questions con	cern your present steady couple relationship.
30. How long have you been in the time before marriage or years months	your present steady relationship? (Include also cohabitation, if applicable.)
the time before marriage or years months	cohabitation, if applicable.)
the time before marriage or years months  31. How would you characterize	cohabitation, if applicable.) e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?  2 your present steady relationship?  3
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?  2 your present steady relationship?  3
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
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the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	e your present steady relationship?  your present steady relationship?  1 2 3 4 5 partner is: 1 assing 2 started 3 asy 4 sider sexual life for happiness in your relation-
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?
the time before marriage or years months  31. How would you characterize Very happy	cohabitation, if applicable.)  e your present steady relationship?

34. In your steady relationship, how much touching and physical closeness is there?
More than enough
Not at all4
All respondents
35. Do you have your own children?  No
Yes, children
36. Are there your own or your partner's children living with you?  No
Yes, children
A number of statements follow. Choose the alternative that best corresponds to your personal opinion.
37. Sexual intercourse without love is wrong.       1         I agree absolutely
38. Women have every right to take the initiative when they want sexual contact
with men.       1         I agree absolutely       1         I agree somewhat       2         Hard to say       3         I disagree somewhat       4         I disagree absolutely       5
39. Homosexual behaviour among adults is the private affair of the people concerned, and the authorities or the law should in no way interfere with it.  I agree absolutely
40. Men are by nature polygamous, and women are monogamous.I agree absolutely1I agree somewhat2Hard to say3I disagree somewhat4I disagree absolutely5

41.	One must be able to accept a husband's temporary infidelity.  I agree absolutely	1
	l agree somewhat	
	Hard to say	
	I disagree somewhat	
	I disagree absolutely	5
42.	Casual sexual relations can be happy and satisfying to both parties.  I agree absolutely	1
	l agree somewhat	
	Hard to say	
	I disagree somewhat	
	I disagree absolutely	5
43.	One must be able to accept a wife's temporary infidelity.  I agree absolutely	1
	l agree somewhat	
	Hard to say	
	I disagree somewhat	
	I disagree absolutely	5
	I agree absolutely I agree somewhat Hard to say I disagree somewhat I disagree absolutely	2 3 4
45.	In my opinion, watching pornography can be sexually very arousing.	
	I agree absolutely	1
	I agree somewhat	
	Hard to say	
	I disagree somewhat	
	I disagree absolutely	
46.	Artificial insemination should be permitted also for single women.	
	I agree absolutely	
	I agree somewhat	
	Hard to say	
	I disagree somewhat	4
	I disagree absolutely	5
47.	I have nothing against people earning money by selling sexual service Finland.  I agree absolutely I agree somewhat Hard to say I disagree somewhat I disagree absolutely	1 2 3

48.	Abortion (interruption of pregnancy) should be freely available.	
	I agree absolutely1	
	I agree somewhat2	
	Hard to say3	
	I disagree somewhat4	
	I disagree absolutely5	
49.	I approve of state-controlled brothels.	
	I agree absolutely1	
	I agree somewhat2	
	Hard to say3	
	I disagree somewhat4	
	I disagree absolutely5	
50.	A decent woman shows no open interest in sex.	
	I agree absolutely1	
	I agree somewhat2	
	Hard to say3	
	I disagree somewhat4	
	I disagree absolutely5	
51.	Masturbation does not endanger health.	
	I agree absolutely1	
	l agree somewhat2	
	Hard to say3	
	I disagree somewhat4	
	I disagree absolutely5	
52	I could maintain a sexual relationship with many people simultaneously.	
<b>U</b> Z.	I agree absolutely1	
	I agree somewhat	
	Hard to say3	
	I disagree somewhat4	
	I disagree absolutely5	
	It is appropriate for young people to have sexual intercourse together,	
	when: They meet for the first time	
	They have gone on a few dates	
	They are going steady	
	They are going steady and planning to get married4	
	They are engaged5	
	Only when they are married6	
	•	
	our opinion, are the following situations acceptable or not:	
	A married person having sexual relations with someone other than his or	
	her partner:	
	Totally acceptable	
	Somewhat acceptable	
	Cannot say	
	Somewhat unacceptable	
	Totally unacceptable5	

55.	Two 14–15-year-old teenagers having sex together:  Totally acceptable	3
56.	Having sex with someone without loving him or her:Totally acceptable1Somewhat acceptable2Cannot say3Somewhat unacceptable4Totally unacceptable5	3
57.	Sexual relations between two adult men:Totally acceptable1Somewhat acceptable2Cannot say3Somewhat unacceptable4Totally unacceptable5	3
58.	Abortion:  Totally acceptable	3
	The following questions are only for those who have been employed during the last 24 months. Others, please proceed to question 62.	
59.	Think about the work tasks you have/had in your workplace. The coworkers who have/had roughly the same sort of tasks are/were:  All women	3
60.	Have you ever been attracted to or fallen in love with a coworker or a person you met at work?  Yes, currently	<u>.</u>

<ul> <li>What are/were the consequences of you las a coworker or a person you met at work:</li> </ul>	t attraction or falling	in love wit
	Yes	N
a) Happiness and joy	1	2
b) Heartache and distress	1	2
c) Jealousy	1	2
d) A pleasant friendship e) A sexual relationship	1 1	2
f) Envy and resentment at work	1	2
g) We got married/moved in together	1	2
h) Own divorce	1	2
i) Coworker's divorce	1	2
All responder	its	
. In your childhood home, sexual matters	were: (Choose one	possibilit
only.) Kept secret		
Kept secret to some extent		
Neither kept secret nor open		
Discussed openly to some extent		
Discussed openly		
. In your childhood home, did you receive in		
Yes, more than enough		
Yes, sufficiently		
Yes, but not enough  No, but I would have wanted to		
No, and I would not have wanted to		
. Did you receive sex education at school?		
Yes, more than enough		
Yes, sufficiently		
Yes, but not enough		
No, but I would have wanted to		
No, and I would not have wanted to		
<ul> <li>How old were you, when you went steady we you do not remember exactly, please estimates</li> </ul>		irst time?
I was years old		
I have never gone steady		
. How old were you when you had sexual into		
I have never had sexual intercourse		
<ul> <li>Please proceed to Question 101.</li> </ul>		
. Try to remember your first sexual interco		our partne
then? If you don't know exactly, please esti He/she was years old.	mate.	

68. Who did your first sexual intercourse take place with?  A temporary partner
A friend or good acquaintance2
A steady partner3
A fiancé(e)4
A spouse5
69. Which of you initiated the first sexual intercourse?  I mostly did
The partner mostly did
We both did equally
Cannot remember4
70. Did you want to have sexual intercourse then?  Yes, I wanted it very much
I wanted it somewhat
I was reluctant but was persuaded
I did not want it, others forced me into it
I did not want it, he/she pressured me
I did not want it, he/she forced me by threatening me with force6
I did not want it, he/she raped me
71. Were you in love with your first sexual partner?
No1
Yes
Cannot say 3
72. Was some sort of contraception used in the first sexual intercourse to prevent pregnancy?
Nothing 1
Coitus interruptus (withdrawal before the man ejaculates)
Condom3
Contraceptive pill4
We used some other method, please specify5
Connect remarks or
Cannot remember6
73. Did you later get married with your first sexual partner?
No1
Yes2
We were already married3
74. Altogether, in YOUR LIFE SO FAR, with how many partners have you had intercourse? persons(s).
75. Altogether, IN THE LAST FIVE YEARS, with how many partners have you had intercourse, even just once? person(s).
76. Altogether, IN THE LAST YEAR, with how many partners have you had intercourse, even just once? person(s)

w be N	Ouring the last year, have you had one or more NEW SEXUAL PARTNERS, with whom you had not had sexual intercourse before? (Even if you have been acquainted for a longer time.)  No new partners in the last year
<b>W</b> N	Had you consumed any alcohol right before your first sexual intercourse WITH YOUR LATEST NEW partner?  None at all
Υ	Yes, but I wasn't tipsy       2         Yes, I was a little a bit tipsy       3         Yes, I was totally drunk       4
N	Did you use a condom in your first sexual intercourse with YOUR LATEST IEW PARTNER?  Yes
N	No
re Y	Ouring the last year, have you at any moment had two or even more sexual elationships simultaneously?  'es1
81. H or re	No
N O 2- 4-	None
10 M	0–20
	Questions 82–84 are for married or cohabiting respondents. All others please proceed to question 85.
oi N - Y Y	Have you had outside sexual relationships during your present marriage or cohabitation?  No

83.	How many other people have you had sexual intercourse with after starting a steady relationship with your present spouse?
	One       1         2 or 3       2         4 or 5       3         6-9       4         10-20       5         More than 20       6
84.	Was your most recent outside (parallel) sexual partner married or cohabiting with someone else?  No
Th	e following questions concern your most recent sexual intercourse.
85.	Who was the person with whom you last had sexual intercourse?My own steady partner or spouse1Someone else's spouse or steady partner2An available person (single, divorced, widow)3A prostitute or other paid partner4I do not know5
86.	When did you last have sexual intercourse?         During the last 24 hours       1         1-2 days ago       2         3-4 days ago       3         5-7 days ago       4         1-2 weeks ago       5         3-4 weeks ago       6         1-3 months ago       7         4-12 months ago       8         1-2 years ago       9         3-10 years ago       10         Over 10 years ago       11
87.	Had you consumed any alcohol prior to your most recent sexual intercourse?  None
88.	Which of you initiated your latest sexual intercourse?  I mostly did

89.	What kind of an experience was your latest sexual intercourse?Very pleasant1Somewhat pleasant2Neither pleasant nor unpleasant3Somewhat unpleasant4Very unpleasant5I cannot remember6
90.	In what position did your latest sexual intercourse take place?       Lying down face-to-face, man on top and woman underneath
91.	Sexual pleasure ending in relaxation and a very good feeling is called an orgasm. Did you have an orgasm during your latest sexual intercourse?  No
92.	Which methods of birth control were used in your latest vaginal sexual intercourse? You can choose several alternatives.  Condom
The	following questions concern sexual intercourse in general.
93.	How often have you had sexual intercourse during the last month (30 days)?         None       1         Once       2         2–3 times       3         Once a week       4         2–3 times a week       5         3–4 times a week       6         5–6 times a week       7         Every day or more often       8

94.	Sexual pleasure ending in relaxation and a very good feeling is called an orgasm. Do you have an orgasm during sexual intercourse?			
	Always			
	Almost always or usually			
	Not very frequently			
	Seldom5			
	Never			
95.	How old were you when you had an orgasm FOR THE FIRST TIME during sexual intercourse? If you don't remember exactly, give an estimate.  I was years old			
	I have never had an orgasm during intercourse			
	How old were you when you first reached orgasm through masturbation?  I was years old			
	I have never have experienced orgasm through masturbation2			
96.	It is not uncommon that sexual intercourse fails because a woman's vagina doesn't get lubricated enough. In the last year, has this been a problem in sexual intercourse?			
	Constantly1			
	Almost constantly			
	Fairly frequently			
	Fairly infrequently4			
	Hardly ever5			
	Never6			
	No sexual intercourse during last year7			
97.	It is not uncommon that a man is unable to have sexual intercourse because			
	he cannot get an erection or his penis becomes flaccid right when sexual intercourse begins. In the last year, has something like this happened to you/your partner?			
	Constantly			
	Fairly frequently			
	Fairly infrequently			
	Hardly ever5			
	Never 6			
	I haven't had a sexual partner in the last year			
98.	Has your experience of intercourse been mostly			
	Very pleasurable1			
	Somewhat pleasurable2			
	Neither pleasurable nor unpleasant3			
	Somewhat unpleasant4			
	Very unpleasant5			
	Difficult to say6			

99. In the last year, have you halife?	99. In the last year, have you had any of the following problems in your sexual life?					
	Very frequently	Somewhat frequently	Somewhat infrequently	Not at all		
Lack of own sexual desire	1	2	3	4		
My partner comes too fast My partner comes too slowly	1	2	3	4		
or doesn't come at all My illness causes problems	1	2	3	4		
in sex. My partner's illness	1	2	3	4		
causes problems in sex Lack of my partner's	1	2	3	4		
sexual desire	1	2	3	4		
100. Are you satisfied with the	FREQUENC	Y of sexual int	ercourse in you	ur pres-		
ent steady relationship?  I would prefer to have it SIGNIFICANTLY more frequently						
All respondents, pl	ease answer	the following	questions.			
101. During the last year, have you read or glanced at a magazine or book that in your opinion could be seen as pornographic?  Yes						
102. Have you seen any sex videos during the last 12 months?         Not at all						
103. Have you read or looked at sex magazines during the last 12 months?         Not at all						
104. Have you ever called a sex	c phone?					
		Yes	No			
<ul><li>a) In previous years</li><li>b) During the last 12 months</li></ul>						

least at some time in their life. Have yo	orgasm. Most people ou ever masturbated?	masturbate at
Yes		1
No		2
106. When was the last time you masturba	ited?	
During the past 24 hours		1
During the past week		
During the past month		
During the past year		
1–10 years ago		5
Over 10 years ago		
I have never masturbated		7
107. When have you last given your partner lating his/her genitals by hand? In the last 7 days	nat is, engaged in sex	1
Fraguently	1	1
		2
Frequently Sometimes	2	,
Sometimes	2	
Sometimes Seldom	3	3
Sometimes		
Sometimes Seldom 1–5 years ago Not at all  109. Have you ever had so-called anal inter Never Yes, once	3 4 5 rcourse (anal penetrat	3 4 5 <b>ion)?</b> 1
Sometimes Seldom 1–5 years ago Not at all  109. Have you ever had so-called anal inte	3 4 5 rcourse (anal penetrat	3 4 5 ion)? 1 2

	-
111. Besides being sexually interested in the opposite sex, people are sometimes also interested in their own sex. At the moment, who are you sexually interested in?	
Only the male sex1	
Mainly the male sex2	
Both sexes equally3	
Mainly the female sex4	
Only the female sex5	
112. Have you had sexual experiences (arousal through fondling or intercourse) with a person of the same sex?	
No	
– Please proceed to Question 115.	
Yes, once2	
Yes, many times	
113. When was the last time you had intercourse with a person of the same sex?	
In the last week1	
In the last month	
1–6 months ago	
7–12 months ago4	
1–5 years ago5	
More than 5 years ago6	
114. How many same-sex sexual partners have you had? persons	
·	
All respondents	
115. Have you ever been persuaded to have intercourse by an offer of money or similar economic advantages?  No	
Yes, but I said no	
Yes, and I said yes once	
Yes, and I've said yes many times	
116. Have you ever offered money or similar economic advantages in exchange	
for intercourse?	
No	
Yes, but the person(s) said no	
– Please proceed to Question 121.	
Yes, one person said yes	
Yes, and many people have said yes4	
117. When was the last time you paid for sexual intercourse?	
During the last year1	
1–5 years ago	
More than 5 years ago	
I don't remember	
T GOT COMMISSION TO THE STATE OF THE STATE O	

118. Was the last person whom you paid for sexual intercourse a man or a woman?				
A man				
119. The person was:  A foreigner with whom you had sexual intercourse abroad				
120. Did you use condom with this person? Yes				
No I don't remember			2	
All	respondents			
121. Have you ever had any of the fo	llowing diseases o	r infections?		
	Yes, in the last year	Longer than a year ago	Never	
Gonorrhea Syphilis Chlamydia Genital herpes Condyloma (moist warts, papilloma infection)	1 1 1 1	2 2 2 2 2	3 3 3 3	
122. Have you ever had an HIV test  Never  Yes, once  Yes, many times	on your own initia	tive?	1	
123. FOR WOMEN: Have you ever h No Yes If yes, how many times?			2	
Earlier, we asked how many people you have had sexual intercourse with (Questions 74–76). We ask you now to describe freely the minimum that had to take place between you and your partner for you to have thought of it as sexual intercourse. What sexual issues would you want or need to have more information or advice about?				
124. If you evaluate your sexual life  Very satisfying  Quite satisfying nor unsatisfying  Quite unsatisfying  Very unsatisfying			1 2 3	

# 125. What is your opinion regarding the following statements concerning your sexual life and your sexual capacity? Please respond to each statement (a, b and c).

			Neither agree		
	Agree totally	Agree somewhat	nor dis- agree	Disagree somewhat	Disagree totally
a) I have great sexual skills	1	2	3	4	5
b) I am sexually active	1	2	3	4	5
<ul><li>c) I am sexually attractive</li></ul>	1	2	3	4	5

## 126. Which of these lifestyles would you regard as the ideal one for you at this stage of your life? I would prefer to have:

No sexual activity	. 1
No regular partners but casual partners when I feel like it	2
A few regular partners	3
One regular partner, but not living together	. 4
Living with a partner (not married) with some sex	
activity outside the partnership	. 5
Living with a partner (not married) and no other sex partners	6
Married, with some sexual activity outside the marriage	7
Married, with no other sex partners	. 8
I can't say what would be my ideal	. 9

Thank you for your participation.