

Colorful emotion map

Shades of anger

stroppy, grumpy, grouchy, sullen, angry, annoyed, displeased, fed up, bored, dissatisfied, frustrated, indifferent, revengeful, hostile, gutsy, sassy, antagonizing, detesting, gross, cold, cynical, bitter, tough, disapproving

Shades of sadness

upset, down, apathetic, sullen, downbeat, empty, sad, tearful, tragic, bleak, depressed, forlorn, longing, wistful, melancholic, lonely, painful, inconsolable, hopeless

Shades of happiness

grateful, cheerful, glad, delighted, enthused, relieved, amused, elated, infatuated, enamoured, bewildered, happy, relented, inspired, serene, safe, peaceful, calm, trusting, steady, reliable, gentle, clear, attached, balanced, relaxed, free, liberated, satisfied, hopeful, neutral, determined, brave, strong, energised

Shades of fear

unsure, clueless, helpless, tense, worried, reserved, hesitant, unsafe, scared, frightful, shocked, confused, anxious, upset, distraught, horrified, frantic, panicky, distressed, untrusting, threatened, phobic

Combination emotions

jealous, envious, disappointed, feeling hurt, regretful, ashamed, embarrassed, guilty, perplexed, inferior